

Scheme of Work	Rugby Union		
Phase	Objective	Activities	Testing / Competition
Ball Familiarisation	To further their understanding, knowledge, awareness and mental capacity of the basic fundamentals of Rugby To understand the rule of passing in Rugby To be able to confidently perform with accuracy, and know how to confidently perform with accuracy, under control the basic skills To develop the variety of skills they use for moving with the ball To comprehend and grasp the concept of running forwards and passing backward	2 pupils are on chasing group in 10 x 10 grid. Must tag hips of opponent to tag them or grab Move ball around body parts (fig. Of 8, through knees) Catch the ball, above head, at both sides, and behind back. Walking and catching	How many backward passes do they make in 1 minute whilst running around the 22m grid B'ball game
	Assessment	Theoretical PE	Resilience
	<input checked="" type="checkbox"/> Use baseline tests with Rugby and record scores 👁️ Assess the weak attempts Observe performances, skills and techniques 👁️ Assess what skills need to improve when catching the ball 👁️ Assess the hand and eye co-ordination when performing a pass to reduce the chances of losing possession 👁️ Assess the hand and eye co-ordination when passing 👁️ Judge the mistakes catching the ball	Musculoskeletal system; Structure of the skeleton; Students performing or observing	Make sure your learners have time to have fun. How do you bounce back from dropping a catch Praise effort How are the students motivated to succeed
Maths	Number addition and subtraction through Scoring..... How many points for a conversion and a try? Students use the score cards to add up the score.		
English	Share issues about secondary school transition.		
Science	Homeostasis		
Equipment	Rugby Balls, Cones, Markers, Whistle, Bibs, Stopwatch,		